



# WINTER 2026 NEWSLETTER

Happy Winter!

Hope everyone stayed warm through the cold snaps we had in January. The horses have been staying warm by wearing their winter blankets and enjoying some extra hay during the cold nights. We are back in full swing at the barn after the holiday season and riders have been busy improving their horsemanship skills. We are looking forward to what the year has to bring including the Kentucky Derby Gala, both rider Horse Shows, and our 2nd Annual Golf Tournament. We have also added a new veterans program and will be partnering with At Liberty Connections a few dates throughout the year.

All of us here at FCFTH would like to say a huge thank you to all of our amazing supporters! With your generous contributions we were able to reach and exceed our fundraising goal for 2025!

We would like to officially welcome Danny, a 16 year old Quarter Horse, into the program. He is still in the process of learning about all that we do, but he seems very friendly, willing and playful. He enjoys rolling in the arena and playing with all the games that we have set up.



Aileen Reney

Program Director



### FCFTH Wish List

- Legacy Joint Supplement
- Horse Treats
- Printer Paper
- Winter heavy weight waterproof blanket for Duncan—size 84
- Horse sized fly masks with ears



### Volunteer Spotlight—Elaine Johnson

Elaine has been volunteering since 2017. She is very dependable, great with the horses and riders, and has been helping out with our HOPE program on a regular basis.



## 2025 Full Circle Farm Therapeutic Horsemanship Supporters

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Sarah McKenzie  
Teresa Parr

### Participant Spotlight—Monica

Monica started riding in 2016. Her favorite activity is to go outside on the trail and listen to the birds. She loves her horse, Tommy, and says his name when she is at home. In the arena, trotting is her favorite skill to work on.



### Upcoming events—

March 14th—Annual Education Day

May 2nd—Kentucky Derby Gala

August 8th and 15th—Annual Rider Horse Shows

September 26th—  
2nd Annual  
Fundraiser Golf  
Tournament



### 2026 Break Weeks

No Lessons during break weeks

⇒ February 23—28

⇒ April 7—May 2

⇒ June 22—27

⇒ August 24—29

⇒ October 26—31

⇒ November 26—28 (Thanksgiving)

⇒ December 24—January 1 2027



Thank you to our FCFTH Community for your continued support! Please make sure to visit our website [www.fcftherapeutic.org](http://www.fcftherapeutic.org) and also follow us on Facebook, Instagram and YouTube.

**Many Thanks , FCFTH Staff and Board of Directors**