



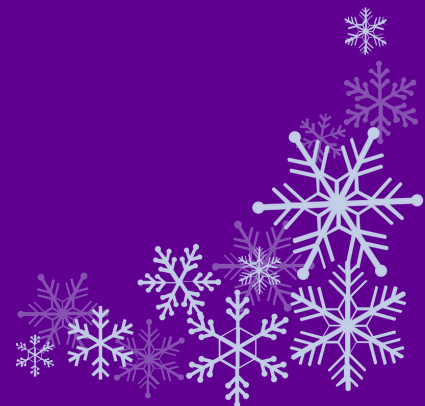
WINTER 2025 NEWSLETTER

Happy New Year!

We are back at the barn after a relaxing holiday break. Thank you to all who came out to support the program at our holiday party and volunteer appreciation night. This was our final fundraiser of the year and with the money raised we were able to achieve our 2024 fundraising goal! The money raised is put toward paying for scholarships and horse care. Thank you to all who contributed throughout all of 2024. It is greatly appreciated!

In 2025 we are looking forward to our annual Education Day, the Kentucky Derby Gala, our two horse shows and our first ever golf tournament fundraiser.

Aileen Reney
Program Director





Happy Retirement



Volunteer Spotlight— Olivia

Olivia has been volunteering since 2018 and is a staple at the barn on Friday afternoons. She is a very knowledgeable horse person and uses those skills in each of the lessons she helps with.



How to Ride a Horse

By a Student at KRES

Hey guys, I'm going to teach you how to ride a horse. First, you go to Full Circle Farm. You always have a kind, quiet body and voice. You will get a helmet to wear so you can be safe. You will need to listen to your instructor. You will get onto your horse. You have to use a saddle to sit and then hold your reins. Reins are connected to the mouth and they tell the horse where to go. Have you

ever wondered if a horse likes you? Well, you can make a friendship with a horse by taking time to give them treats. This is how you train them too. I really liked going to Full Circle Farm to learn to ride. I hope you want to know more about it like I do.



Participant Spotlight— Julie

Julie has been riding at FCFTH for the past 8 years! She has made many improvements to her position and balance since she first started. One of her favorite parts of each lesson is chatting with her volunteers. She also works on steering, jumping position and trotting.



Upcoming events—

March 1st—Education Day for volunteers, participants and staff

May 3rd—Kentucky Derby Gala

August 16th — Horse Show #1

August 23rd — Horse Show #2

September — Golf tournament fundraiser

Save the date

2025 Break Weeks

No Lessons during break weeks

⇒ February 25—March 1

⇒ April 29—May 3

⇒ June 24—28

⇒ August 26—30

⇒ October 21—25

⇒ November 27—29 (Thanksgiving)

⇒ December 23—January 1 2026

Thank you to our FCFTH Community for your continued support! Please make sure to visit our website www.fcftherapeutic.org and also follow us on Facebook, Instagram and YouTube.

Many Thanks , FCFTH Staff and Board of Directors