



# WINTER 2024 NEWSLETTER

Happy Winter Everyone!

We had a lot going on at the barn in the last couple months. Our holiday party and raffle was in the beginning of December and a good time was had by all. Thank you to Road to Independence for bringing the donkeys over to play. All the kids loved petting and leading them. Also a big thank you to anyone who donated items to our raffle. Money raised will be going toward our scholarship fund and keeping our horses happy and healthy. In the coming months we are looking forward to our tropical beach themed obstacle course, starting a new session of HOPE, and preparing for the Kentucky Derby Gala!

Aileen Reney, Program Director



### **Upcoming events—**

January 16th-30th—Drawing contest

February 17th—Benefit Concert at Sunapee Livery

March 2nd—Education Day for volunteers, participants and staff

May 4th—Kentucky Derby Gala

July 27th—Nick's Other Band

August 10th—Horse Show 1

August 17th —Horse Show 2



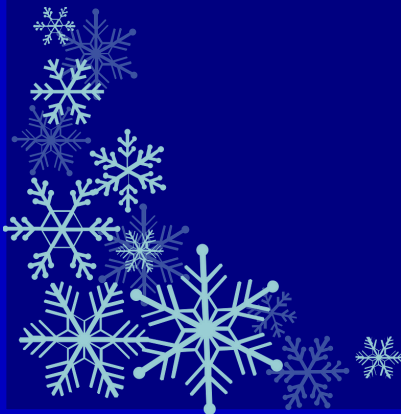
### **Volunteer Spotlight— Donna Heafey**

**Donna started volunteering about a year and a half ago after taking lessons with the veterans from White River Junction, but now comes on her own every week. She is very dedicated to her riding and volunteer time and volunteers for multiple classes each week as a leader or a sidewalker. Her energy and enthusiasm are great assets to our program!**



### **Full Circle Farm Therapeutic Horsemanship Wish List**

- Legacy joint supplement
- Sensory Trail Items—anything fun that we can put outside along our trail!
- Printer Paper
- Pony sized western cinch—18 to 20 inches



### **Participant Spotlight— Amelia Orzechowski**

**Amelia has been riding at FCFTH since 2019. She is all smiles every time she comes in the barn and during her whole lesson! Amelia has ridden most of the horses in the program and is working on her independence at the walk and trot.**



### **2024 Break Weeks**

No Lessons during break weeks

- ⇒ February 26—March 2
- ⇒ April 29—May 4
- ⇒ June 17—22
- ⇒ August 19—24
- ⇒ October 14—19
- ⇒ November 21—23
- ⇒ December 23—January 1, 2024

Thank you to our FCFTH Community for your continued support! Please make sure to visit our website [www.fcftherapeutic.org](http://www.fcftherapeutic.org) and also follow us on Facebook, Instagram and YouTube.

**Many Thanks , FCFTH Staff and Board of Directors**