

Winter 2023 Newsletter

Happy New Year!

Winter is in full swing now and the ponies seem to be enjoying the snow!

We had our annual holiday party and volunteer appreciation night at the beginning of December. There were a lot of great items donated for the raffle and volunteers and

participants enjoyed Santa and the donkeys from Road to Independence.

We now are getting ready for our agility week at the end of January. The agility course is designed to challenge riders, horses and volunteers! This is our second year doing the course and it was a big hit last year!

Many of you have probably seen and met Kerrin who has been around the barn a lot recently. She is an instructor in training who we have been mentoring. She is getting

her teaching hours completed and is going for her PATH certification in June. FCFTH is happy to announce that we have hired Kerrin part-time and she will be teaching on Thursdays. This is going to allow for us to serve more community members on their horsemanship journeys.

2023 is shaping up to be a great year with lots of exciting events to look forward to this summer and fall.

Aileen, FCFTH Program Director





Volunteer Spotlight—

Kim has been volunteering with FCFTH for three years as a leader and side walker. She and Duncan have developed a good relationship...she reminds him to respect her space! Whenever we put out a call for more help, Kim fills in where ever needed with a great big smile every time. She has a good rapport with riders, especially the young man she works with each week. Thank you for all your support, Kim!



Want to do more to help out?

There are lots of opportunities if you do not have the gift of giving time volunteering here at the barn. If your employer

offers charitable giving you can ask to support Full Circle Farm Therapeutic Horsemanship. You can also sponsor a horse or our scholarship program.

<u>Horse Sponsorship</u> helps the program maintain and care for our essential equine partners.

The <u>FCFTH Scholarship program</u> is a key part of keeping our services and program offerings available to participants no matter what their financial circumstances might be.

For more information please see our website <u>fcftherapeutic.org/support</u> or contact office@fcftherapeutic.org

Full Circle Farm Therapeutic Horsemanship

Wish List

- Legacy joint supplement
- Sensory Trail Items— anything fun that we can put outside along our trail!
- Wooden jump poles
- Printer paper
- Medium Weight Size 82 Winter Turn-out Blanket for Duncan
- Other items Listed on Amazon
 Smile



Participant Spotlight—

Cassidy started riding when she was three years old and has been riding every week for three years now. Her two favorite activities when riding are jumping position over poles and trotting. She loves riding Cody! However, she has ridden all of the ponies on the farm! She has ridden in two horse shows and can't wait for the next one!



SAVE THE DATE

2023 Break Weeks

No Lessons during break weeks

- ⇒ February 27—March 4
- ⇒ April 24– 29
- ⇒ June 19-24
- ⇒ August 14-19
- ⇒ October 9-14
- ⇒ November 23-25
- ⇒ December 23—January 1, 2024

Upcoming Events—

<u>February 11th</u>—Newport Winter Carnival Parade! Please let us know if you would like to walk.

<u>March 4th 9am to 1:30pm—FCFTH Educational Day</u> for volunteers, participants and families.

May 6th—Kentucky Derby Gala

June 6-7—NH Gives

Horse show dates are not yet confirmed but tentatively scheduled

August 5th- Horse Show 1

August 12th—Horse Show 2

Fundraising events are being planned this month. If you have any suggestions please let us know!

Thank you to our FCFTH Community for your support so far this year! Please make sure to visit our website www.fcftherapeutic.org and also follow us on Facebook, Instagram and YouTube.

Many Thanks, FCFTH Staff and Board of Directors.