

Winter Newsletter

January 2022

Coming up in 2022

January 16, 2022

PATH Intl Vermont/NH state meeting -Educational Day

May 7, 2022

Kentucky Derby Gala <u>August 6, 2022 (</u>tentatively) Annual Horse Show

2022 Break Weeks

February 21st—26th
April 25th—30th
June 6th—11th
July 25th—30th
September 12th—17th
November 24th—26th
December 24th—31st

Now we can all take a deep breath and relax a bit after the holidays.

Looking back on 2021 I feel grateful for all we accomplished and gained after the quiet 2020. Our classes were full with private and group lessons with a wait list most of the year.

We had our first Run for the Roses walk in May that was fun and successful, bringing people to the farm from the community who do not participate in the program.

In early August we held our annual horse show for our participants where they get to demonstrate their skills and get ribbons. More people than ever before joined in that day ,including Road To Independence donkeys and participants. Our riders look forward to this event all year and love collecting ribbons.

September brought the 1st Fall Frolic walk or run in the woods and trails of FCF. It was a beautiful day to get out and enjoy the fall foliage. All these events bring us new friends!

In December we had our Holiday Party and raffle in person this year. The donkeys and elves from RTI joined us again and were a hit. We had more items to raffle than ever before, thanks to many generous donors. Santa came to give out candy canes and make sure everyone was being good.

We are pretty excited about two things: we had a very successful 2021 Annual Appeal. We had lots of generous donors and one of our families matched what we made! These funds go toward helping those in need with lesson costs. The other great news is that we were awarded an \$8,000.00 grant from The Christopher Reeve Foundation to purchase equine partners to better serve our participants. This is a huge relief

We wish you all a Happy New Year in 2022.

-Lorna, Program Director





Amazon Smile

One way to Support FCFTH without it costing you anything

Amazon Smile – and a purchase goes towards



Full Circle Farm

Therapeutic Horsemanship

Wish List

- -Epsom 522 Ink
- SleekEZ De-shedding Grooming Tool
- Interactive Trail Items
- A little SPOT of emotion plush toys—Amazon
- Legacy joint supplement
- Scissors
- We are always updating our Amazon Wish List too!

Hold your horses we have a new friend!



Meet TukTuk, our newest equine partner. He is a 17 year old 15.2h Dun Quarter Horse gelding and and comes to us from Vermont. He's got a nice smooth trot and canter and has a quiet, accepting manner. He likes attention, and treats, of course!

Volunteer Spotlight

Our volunteer spotlight this time is Barb . She has been coming steadily week in and week out for four years, most of them with the same rider. She has a great sense of humor, fills in at other times when needed and puts up with a lot from us! Her great attitude and horse experience make her very valuable to a program like ours.



Program News:

We are still looking for another equine partner to join our herd. We are currently in need of a pony that needs to be sound and quiet for all our participants. The job our equines do is very special and not every horse can handle all the different riders and leaders.



Rider spot light

Kearsarge Regional High School students

Kearsarge is very active here at FCFTH. In 2021 we had two students who rode year round, even in the summer. They are working on their riding skills in addition to their own goals and objectives. They ride and learn to take care of their horses after class.

Other students take part in our vocational program as well. In this class the students work on hard and soft skills and learn how to take care of animals. These skills include what horses eat, how to take care of a sick horse, how to recognize a well horse vs a sick horse, how to ride and lunge a horse and even clean stalls!

Last spring part of the equestrian team came once a week to ride, practice horsemanship skills and get ready for their weekly shows and tests.

We really enjoy having these students join us for a variety of programming and are grateful we can provide these <u>services to the students</u>.



If you would like more information about volunteering, donating or participating please make sure to visit our website www.fcftherapeutic.org and also follow us on Facebook, Instagram and YouTube.

Many Thanks,

FCFTH Staff and Board of Directors.