



**FULL CIRCLE FARM**  
THERAPEUTIC HORSEMANSHIP

# Spring Newsletter

Spring is on its way! I’m actually looking forward to mud and shedding ponies.

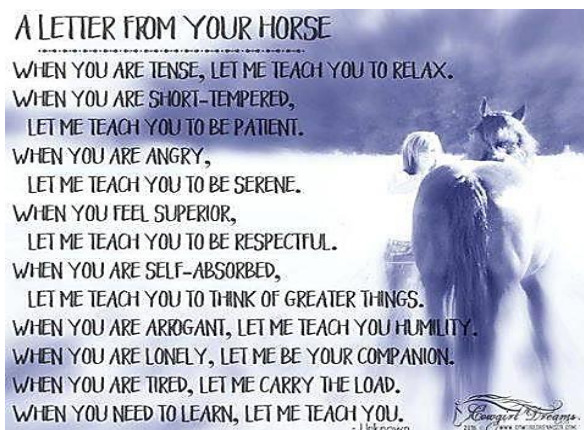
I hope this newsletter finds you and your families and friends safe and healthy.

We feel very lucky to be open at full capacity in these uncertain times. By following CDC and our own guidelines we have been keeping everyone as safe as possible while enjoying our equine friends.

During the winter we hosted Community 4-H and Girl Scout groups. They all seemed to have a good time learning about horses as well as riding. Future volunteers, I think!

Starting on March 10, 2021 Kearsarge Regional High School Spirit equestrian team group will join us to improve riding skills and practice for their shows. This is the unmounted part of the equestrian team. They focus on horsemanship skills, written testing and working as a team in the groom box challenge. This is a new adventure for us and we are looking forward to it.

– Lorna



## Volunteer Appreciation Week April 19<sup>th</sup> – 25<sup>th</sup>



I want to use this space to thank all our volunteers for all they do. We could not have a program such as ours without all the people who give their time. We depend on them and the riders depend on them.



## BIG NEWS!!!!

We have a new equine partner! Meet Duncan, a 16.1 hand, 16 year old draft paint cross. He is quiet on the lead but confident for independent riders. He has a nice swinging walk and a comfortable, steady trot. He is enjoying learning about all the new things in his life.



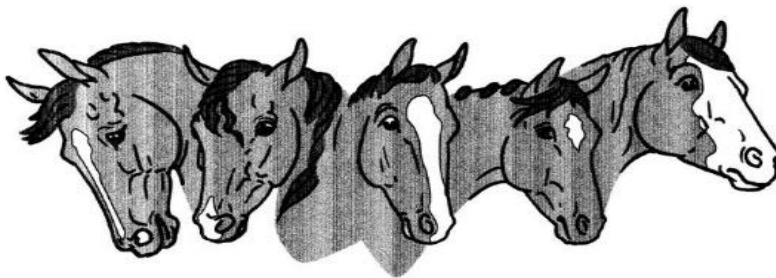
## Amazon Smile

One way to Support FCFTH without it costing you anything is to choose us as your Charity on Amazon and always purchase through Amazon Smile. Many of our wish list items are on [Amazon Smile](#) – and a portion of the purchase goes towards our program!



## Can you name the facial markings?

**FACE MARKINGS**  
*Do you know a horse's face markings?*



### Program News:

We are looking for more equine partners to join our herd. We are currently in need of a large pony that needs to be sound and quiet for all our participants. The job our equines do is very special and not every horse can handle all the different riders and leaders.

### Wish List

- We need Fly Masks!
  - o Seeking for one draft, 2 horses and 2 large ponies.
- Toklat Coolback or Thinline BareBack Riding Pads
- PVC Pipe for Sensory Trail
- Sensory Trail Fun Items for interaction.
- SleekEZ De-shedding Grooming tool



**Volunteers Needed: Starting Thursday April 8<sup>th</sup> we are looking for 2 volunteers at 9:45am for a new ongoing class. We also looking for volunteers for Fridays April 16<sup>th</sup> and 23<sup>rd</sup>, and May 14<sup>th</sup> and 21<sup>st</sup> at 1:30pm working with donkeys!**

## Volunteer Spotlight

### KRHS teens Kayla, Thomas, Sydnie and Jane



These four volunteers are all enthusiastic and eager to help. They seem comfortable with different participants and horses. Students from high schools need to complete community service hours for graduation. I'm so glad they have chosen to do their community service here with us.



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## Rider Spotlight

Myah has been riding for four years and has become quite the proficient rider! She is accomplished at the walk trot and canter and has done some low jumps as well. Her self-confidence has improved leaps and bounds over the past couple of years and she often volunteers with younger riders, giving back what she has learned. It is exciting to see how far she has come.



Thank you again for your continued support of Full Circle Farm Therapeutic Horsemanship!

FCFTH Team