

Our thoughts are turning to reopening equine assisted activities at FCFTH. In order for that to happen the stay at home order must be lifted and applicable business categories allowed to open. We will assess the situation every two weeks after opening to decide how to proceed. If at any time we are mandated, we will close down again.

Any recommendations/restrictions made by the NH Government or CDC will take precedence over any policies and procedures listed below.

We have decided the safest way to re-open is in three phases.

Reopening Procedure

Phase One: Independent Riders, **Duration:** Three weeks minimum

Who:

- Individual riders and job skills participants who do not need support from volunteers, who can tack and ride with just assistance of instructor.
- Parents or caregivers may come with them and follow guidelines.

Frequency: We will limit this to three lessons a day. We will allow at least one hour between each participant to allow for cleaning tack and touch points.

Policies and Procedures:

- All activity is in the arena barn and arena, not the lower barn.
- Participant (and parent/aide) will wash hands upon arrival and after class. At this time participants should not wear gloves to the barn. We will provide hand sanitizer in the barn.
- Staff will wear masks and pull them up over face when within 10 feet of a participant. While teaching the instructor will not wear a mask over her face.
- Staff will wash hands before and after each rider
- In between classes staff will clean and disinfect reins and saddles as well as touch points in the arena and barn
- If at any time you or anyone in your family does not feel well, please do not come to class. If you have been in contact with anyone with COVID-19 please do not come to class. If you have traveled within 2 weeks, please do not come to class.
- Staff will do a safety check of riders before class.
- Care givers or parents may sit in the observation area during class. This area will be cleaned and disinfected after each use.
- Only staff will use the tack room. Participants will be assigned a brush so they can groom after the class. This brush will be labeled and only used by that participant each time he or she comes. the instructor will groom and tack the horse for each class. Anyone who borrows a helmet will be assigned one helmet to wear each time he or she comes to the barn. We will keep each helmet isolated in a bag for

them to use each week. We encourage you to wear your own helmet if you have one.

- If you use a paper towel or tissue please put it in the garbage or take it with you.
- We will have the door to the barn and the kitchen open so we can minimize touch points to clean.
- Participants are encouraged to wear masks. We will supply masks if you don't have one, but we recognize some people cannot tolerate wearing a mask, especially under a helmet.

Phase 2: Small Groups, Duration: Two weeks

Who:

- Small groups of 2 or fewer participants at a time ride together.
- Volunteers as needed to support these riders

Frequency: We will limit this to three lessons a day. We will allow at least one hour between each class to allow for cleaning tack and touch points.

Policies and Procedures: Two weeks

- **Same as for Phase 1 above**
- Volunteers will follow all staff policies and procedures listed in Phase 1
- Any restrictions or recommendations made by the US government or CDC will take precedence over these policies and procedures.

Phase 3: Full Programming

Back to full programming with larger groups and schools. Policies and procedures for this phase will be determined based on best practices developed by our organization and others as we all come to terms with the health and safety implications

These policies and procedures are subject to change at the discretion of FCFTH if needed.