



FULL CIRCLE FARM
THERAPEUTIC HORSEMANSHIP

Winter Newsletter

The staff at FCFTH would like to wish you and your families Happy New Year!

What a great year we have had here at FCFTH. We've started new programs, our number of lessons per week has grown, and we've added new horses to our equine staff.

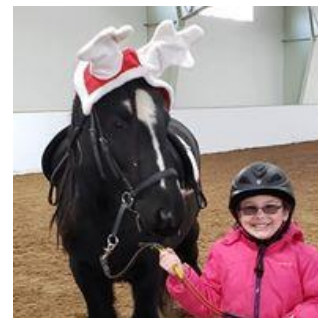
FCF has a new equine and training manager: Heather Hogancamp. We will be working with her and Katie who is the FCFTH equine manager to ensure our horses' wellbeing and care is top notch!

Our Holiday Party in December was both friend and fund raiser. We acknowledged our wonderful volunteers and the FCF staff who help us out so much. The silent auction helped with our "ridership" fund for those in need. Santa joined us as well as the donkeys and volunteers from Road To Independence.

In November we hosted a Donor Appreciation night for all our 2019 donors. People seemed to enjoy watching our riders show what they can do and see our facility, some of them for the first time.

The HOPE program was a success in 2019 and will continue in 2020. We have had fun with lots of children and their families, introducing them to horses and riding. Quite a few local police departments came to deliver and eat pizza with the kids each session. We hope to continue this "tradition". If you know of a police department that would like to come join the HOPE (Horses Offering Positive Experiences) class and bring pizza for them to enjoy please let us know! We hope to have the ones who came last year come back again this year. It was very popular with the kids.

We wish you all the best for 2020! - Lorna



My horse's name is Mayo ... Mayo
neighs! 😊

Upcoming Events

January 26th, 2020 9AM to 2PM
Vermont /NH state meeting. Sessions open to our participants and volunteers. Ask Lorna for more information. Fee \$10.00 for lunch

February 22th, 2020 5:00 to 8PM

Beach Party!

Beach games, food and fun in our heated indoor arena. Best beach costume contest. A great family event. \$8.00 each person before Feb 15th. \$10.00 each at the door. \$25.00 flat rate for 3 or more people

Fundraising

Save the date: **Saturday May 2nd**

We are already gearing up for this year's Kentucky Derby. It's going to be better than ever! More news as the date gets closer.

Rider Spotlight: Daniel and Nicholas



Daniel and Nicholas are two very dedicated riders! We all love their laughter, especially when they trot! Daniel is great at steering and posting and Nicholas is standing up and participating more.

Staff Spotlight: Deb and Emma



Our executive director, Deb Cossingham is the co-founder and is responsible for this successful program. She volunteers, puts on special events and encourages all the riders as well as running the farm and working with the board of directors.

Emma, a Gypsy Vanner, is new to FCFTH but not new to the farm. She has recently been in a couple of classes a week and is

learning her role as an equine partner. She is slow and steady to ride and has a very quiet manner on the ground.

Volunteer Spotlight: Sharon and Sandy



The dynamic duo! Sharon and Sandy volunteer as a couple once, sometimes twice a week as they often step up when we need substitutes. They have learned so much about horses and equine assisted activities in their year and a half with us. They are so positive and fun to have around.

In the Community

On December 16th WNTK in New London interviewed Lorna - you can hear the whole episode [here](#)

FCFTH Logo Merchandise



We have t-shirts, sweatshirts, maple syrup, glasses and mugs with our logo on them. Check them out!

1. _____
2. _____
3. _____
4. _____



Wish list:

- Cannon Ink (280 series)
 - 2lb Pilates balls for exercises
 - Helmets
 - Joint Supplements
 - Fly Masks
 - Halters
 - Printer paper
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