



FULL CIRCLE FARM
THERAPEUTIC HORSEMANSHIP

Summer Newsletter

Greetings!

What a great summer we are having. Our participants have enjoyed beautiful days to ride and go on the trail. We have had a full summer of lessons and activities. Starting August 27th we will go back to fall scheduling as some schools start back up that week.

Our new HOPE (Horses Offering Positive Experiences) program is going strong, helping children from Grafton and Sullivan counties who have experienced trauma in their lives enjoy horses and learn to ride. Newport and Chesterfield Police Departments as well as the State Police have come to the farm on occasion with pizza to share with the kids. This will be a year round program at FCFTH. We are open to any civic groups or police departments bringing dinner to these kids once in a while. Please contact us if you would like to bring pizza or a meal to 8 kids and their care gives one time on a Tuesday night.

Three people associated with FCFTH are going through the process to become PATH certified instructors here at FCFTH. They are: Glynis Hart, Guinevere Tisdale and Sue Mitchell. They have to get their required teaching hours done then go to a testing site to become certified. Wish them luck!



In July we hosted the Newport EMS and Fire Department for a training session. They learned how to halter a horse, groom and lead the horses through obstacles, focusing on horse behaviors and body language.

Have a great fall. See you at the barn! - Lorna



Upcoming Events

September 27 6:00pm

Paint N Sip Bring your own drink.

Snacks supplied – Paint a wooden Dala horse cutout. Use your imagination!

Great Nonprofits

If you love our work then tell the world! You have an opportunity to help us make even more of a difference in our community. We are now registered on Great Nonprofits and you can help us raise visibility for our work by posting a review of your experience. All reviews will be visible to potential donors and volunteers. It's easy and only takes 3 minutes!

Go to <https://greatnonprofits.org/org/full-circle-farm-therapeutic-horsemanship> to get started!

Veterans Giving Back



Thursdays are a special day at FCFTH. The veterans come from White River Junction Rehab to ride and experience horses then stay to volunteer with another rider who needs lots of support.

It's so nice to see them getting so much out of giving back.

Rider Spotlight: Nick



Nick has been riding for a short time but has come so far! He's very enthusiastic and loves his pony Cody. "Walk on, Cody" His favorite activity is the trot: it makes him so happy he laughs out loud.

Volunteer Spotlight: Sam



Sam has been volunteering for a few years now. She is very attentive to her riders and gives all when here at the barn. She often responds to calls for help and fills in for others. She takes lessons from time to time to further her riding and horsemanship skills. She is a Marine veteran who enjoys giving her time to others.

Maple Syrup!



We have partnered with Harding Hill Farm to have custom bottles of maple syrup. These lovely glass bottles will work as your permanent syrup dispenser or might also make a nice vase when empty! Call or Email to reserve a bottle - \$12

DSUSA

As of August 1, we became a chapter of Disabled Sports USA. DSUSA is a national organization and their mission is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation, and educational programs. Becoming a chapter opens doors for both our organization and our participants.

Equine Partner Spotlight: Miranda



Miranda started out as a fill in but is now full time in the program. She has western reining training so is fun to learn new moves on, but is slow and steady for more involved riders. She has a comfortable jog and is teaching some riders to canter as well. She is versatile, and seems comfortable in many different situations.

Horse Show



What a fun day! There were very focused riders showing what they have learned over the past year and lots of smiles. Many thanks to all the volunteers who helped make the day successful as

well as the judges, Sue Miller and Katie Haynes. Our board of directors volunteered their time at the ring or lunch tent to sell lunch goodies. Road To Independence showed their donkeys in horsemanship and obstacle classes. We love having them join us.



Paint a Dala horse



© Wouter Breedveld

Paint n sip coming soon!

Wish list:

1. _____
2. _____
3. _____
4. _____



- Cannon Ink (280 series)
- External disc drive
- 8 x 11 paper
- Paper cutter
- 2lb Pilates balls for exercises
- Winter Horse blankets
- Joint Supplement
- Halters

Amazon Smile

Many of our wish list items are on [Amazon Smile](#) – and a portion of the purchase goes towards our program!