



FULL CIRCLE FARM
THERAPEUTIC HORSEMANSHIP

Spring Newsletter



It is finally spring! It feels so good to take classes out on the trail. It's been a long wet winter and spring.

We've been busy with lessons, workshops, the Kentucky Derby Gala and looking for equine staff since our last newsletter in January.

I attended the Region One conference in April at a program facility in Massachusetts. Next year we will host the conference! Let me know if you have any good ideas for presentations.

In April we hosted the Newport/Sunapee Chamber of Commerce after hours. A lot of people attended to learn more about the farm and what we do. Two riders gave a demonstration and everyone met our equine staff.

On April 18 we had a Family Fun Day for veterans and their families. Twelve children and their parents came to groom, lead and ride the horses. Rolling Thunder Chapter 2 in Claremont cooked for everyone after time with the horses and the American legion Post #39 in Warner sponsored the event.

Finally, if you spot the word "exercise" in this newsletter we will give the first 2 people who tell us where it is a small prize. Have fun!

Lorna



Upcoming Events

May 19th, 2019

Being, with Horses

May 20th – May 26th, 2019

Break week

August 3, 2019

Annual Horse show

Great Nonprofits

If you love our work then tell the world! You have an opportunity to help us make even more of a difference in our community. We are now registered on Great Nonprofits and you can help us raise visibility for our work by posting a review of your experience. All reviews will be visible to potential donors and volunteers. It's easy and only takes 3 minutes!

Go to <https://greatnonprofits.org/org/full-circle-farm-therapeutic-horsemanship> to get started!

Rider Spotlight: Maggie



Maggie has been riding for two years with us and is a cheerful addition to our Tuesday mornings! She greets us all with a big “Hi” when she comes in and loves to pat her pony Nanja.

Veterans Giving Back



Thursdays are a special day at FCPTH. The veterans come from White River Junction Rehab to ride and experience horses then stay to volunteer with another rider who needs lots of support. It's so nice to see them getting so much out of giving back.

Staff Spotlight: Casey



Casey is our newest equine staff member. He is 15.3 and 19 years old and *really* leggy! He has more energy than EZ, who retired this spring, but is settling in nicely for our taller riders and Veterans.

Maple Syrup!



We have partnered with Harding Hill Farm to have custom bottles of maple syrup. These lovely glass bottles will work as your permanent syrup dispenser or might also make a nice vase when empty!
Call or Email to reserve a bottle - \$12

Kentucky Derby Gala



Our board of directors planned and put on a successful gala where a lot of supporters attended, watched the race, bid on silent auction items, ate and danced to the music. It was at Colby Sawyer College and we raised lots of money for the “ridership” fund.

Volunteer Spotlight: Deb C



Deb comes two days a week and fits into any role. She helps in the barn, leads or sidewalks: whatever is needed. She has a calm, confident demeanor and offers suggestions to her instructors for the good of the rider.

FCFTH Clothing



We have new t-shirts in bright colors, sweatshirts and mugs in stock.

Wish list:

1. _____
2. _____
3. _____
4. _____



- Cannon Ink (280 series)
- 2lb Pilates balls for exercises
- 8 x 11 paper
- Winter Horse blankets
- Joint Supplement
- Fly Masks
- Halters
- Paper cutter

Amazon Smile

If you purchase from Amazon, please consider using Amazon Smile instead and adding us as your charity of choice.

Intern Shannon



We had a great experience with our first intern from Colby Sawyer College in New London, NH. She fit right in with participants and staff. It was wonderful to have her exercise horses and give them special time. She learned from us and we learned from her. She is going on to graduate school to study the human/animal bond at Tufts University.