



**FULL CIRCLE FARM**  
THERAPEUTIC HORSEMANSHIP

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# Fall Newsletter

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Where did summer go? October came so fast.

As fall moves in we are at capacity with school programs, the VA from White River Junction, vocational training and private participants. We are in our fall session that will end December 22. Classes will start up again January 2, 2019.

In September we were honored to host the Vermont/NH state meeting at the farm for programs from both states. There were sessions on hippotherapy, long lining, yoga and some of our parents formed a panel to talk about the benefits their children get from equine assisted activities. Many thanks to all the presenters.

On November 30<sup>th</sup> we will have our annual holiday party and volunteer recognition. We do a silent auction and cookie swap as well, so if you have any items to contribute to the silent auction let Sue or Lorna know. Thank you

Be sure to check out the beautiful new sign at the entrance to the farm when you visit.



Lorna

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## Upcoming Events

### October 12

*Painting in the Barn*

### November 30

*Holiday Party /Volunteer Recognition*

### January 20<sup>th</sup>, 2019

(Snow date January 27, 2019)

*Educational/play day on the farm*

Various educational forums and activities for volunteers, EAAT professionals and general public

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## Happy Birthday!

Another way to celebrate your birthday and give at the same time. Dedicate your birthday to FCFTH on [Facebook](#). People donate in your honor and you get to help a rider in need enjoy EAAT.

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## Student Spotlight: Cory



Cory is really enjoying his weekly sessions at the farm with Aileen and Prada. He says: "I started riding because I wanted to be able to improve my confidence, and balance. Riding is relaxing, therapeutic and enjoyable for me. It is so fun. When I was in the horse show it meant a lot to me to see

my family and friends watching me. It is so gratifying to know that I can do other things with that confidence including a ropes course at Mt. Sunapee. It made me proud to win the medals. Riding is a special time for me. Sometime I feel unsteady but I know that my side walkers will be right by my side. The horse is gentle and slow. The place is beautiful and very relaxing riding in because it has a pond. I haven't seen any wild life in the pond but it is beautiful anyway I think everyone should go there."

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## In the Community



FCFTH hosted the Newport Police and Fire Department this fall. Each department came out to the farm to learn about haltering and leading horses as well as some horse behaviors they might encounter in an emergency.

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## Horse Spotlight: Cody



Cody is new to the program. He is a buckskin Welsh pony and is only 13.3 hands. He is working well with smaller riders and in ground work or Equine Assisted Learning classes as he is calm and accepting.



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## Fundraising

The 2019 calendars will be available for \$10.00 in late October for purchase. We think they are pretty special!

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## Volunteer Spotlight: Al



Al has been with us for 2 years. He is available at many odd times when we need a sub. His quiet friendly manner is so reassuring to the riders and horses. When we have special events or learning opportunities he is there, ready to learn new things.



## Merchandise

Do you know we have lots of branded merchandise for sale? Have a look on our [website](#) for pricing and what is available. They make great gifts!

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## School is back in session!



Thanks in large part to **Claremont Savings Bank**, the students from Steven's High school are back learning all about horsemanship as well as improving their riding skills.



We also have a group of 3 young ladies from KRHS taking a semester long Vocational Training Program as part of their High School curriculum. One of them is even turning it into her senior project!



## Wish list:

- Printer Paper
- Laptop
- Breyer horses and supplies for our mini barn
- Fun Halloween things for our obstacle course
- 2lb Pilates balls for exercises