



FCF THERAPEUTIC HORSEMANSHIP

March 2018

Articles

Non Profit Status
Winter Education Series
Winter Carnival Parade
Horse Spotlight
Volunteer Spotlight
Rider Spotlight
Wish List

Contact Information

Full Circle Farm
Therapeutic
Horsemanship

80 Edgell Road

Newport, NH 03773

(603) 863-1262

fcftherapeutic@gmail.com

[Find Us on Facebook](#)

Happy Spring!

We are so excited to have non-profit status now. This gives access to different sources of funding such as grants and private donors. This is a big step for us but means we have work to do.

It has been a long hard winter so we are hoping Spring is just around the corner. The horses (and Lorna) are anxious to get out on those trails! The horses will be shedding soon and then we will all be covered in their hair. We will also welcome back participants who took the winter off. It will be good to see you again!

Be sure to catch the article about FCFTH in the spring issue of Kearsarge Magazine. The pictures are beautiful!

Riders and volunteers – If you have not gotten 2018 paper work into the office yet, please do ASAP. Thank you!

Winter Education Series

March 14, 5:30-7:00 Horse Massage – How we can help our therapy horses feel better and do their job more comfortably. Heather Gallagher

March 21, 2018 Make up for Hippotherapy Class – What is Hippotherapy? How is it different than therapeutic riding? How does it benefit participants? Colleen Sullivan, Physical Therapist

Newport Winter Carnival Parade



FCFTH won 2nd prize for our horse's costumes – this came with a price of \$100. We used our new Gypsy Vanners in the parade. They were dressed as an oreo cookie, a 'smore and a cupcake. Thanks to our staff, students and participants (also in costume!) who helped to organize.

Horse Spotlight: Tommy



Tommy has been privately owned by Lorna for 14 years and helping riders for two years at FCFTH. He's a bit fresh but good to teach people about personal space! He prefers independent riders so he can "do his own thing" but is ridden by riders on lead as well. He has a great sense of when he is needed to help someone gain confidence and will take care of them. He enjoys trail rides and going outside ... but most of all he enjoys FOOD!

Volunteer Spotlight: Sue



Sue has been a great help to FCFTH in all areas of programming. Whenever I need assistance or support ... there she is! This includes class preparation, volunteering in the ring, web site set up, newsletter editing, excel or word documents, a friend to talk to or keeping me on task and organized. She is a volunteer who gives more than time. I am very grateful for Sue and her talents.

Rider Spotlight: Taylor and Nikki



Nikki says that riding and being with horses helps her with her balance, vision and strength. She gets to ride with her friend Taylor and she just loves being around the horses.

Taylor has fun riding and likes horses because they are friendly. She feels riding helps her with her balance and concentration.

Wish List

Ink for printer (HP61)

Land line phone

Brushes (curry combs, body brushes, mane and tail, soft brushes in fun colors!)

Grab straps (hand holds): \$20.00

Projector \$75.00 - \$100.00

Screen \$40.00 to \$75.00

Safety stirrups with pads \$50.00

Office supplies (paper, ink)

FCFTH Stamp (\$50.00)

